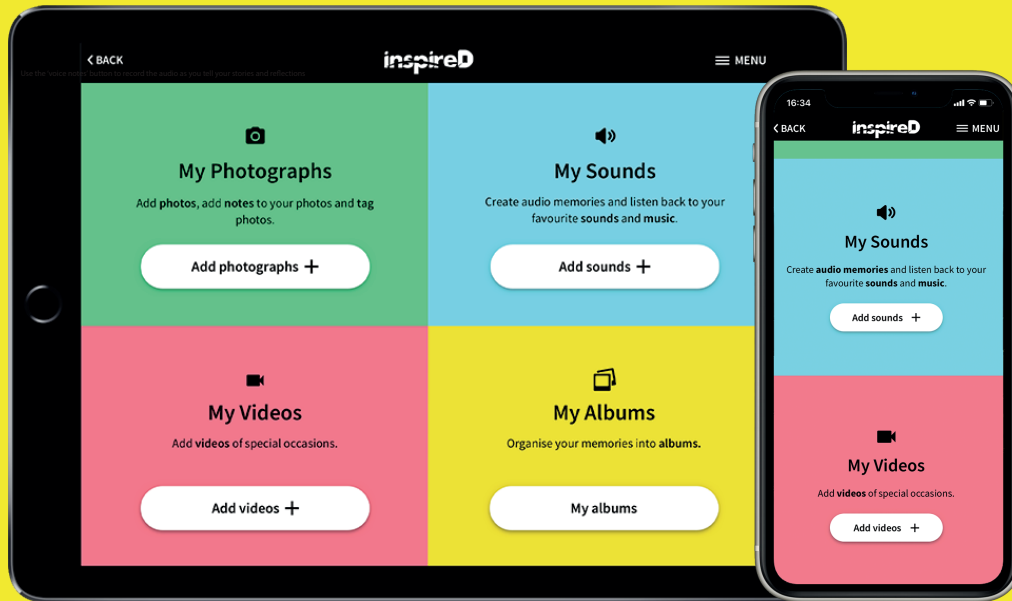


# inspired

This is your life, your story, your app.



## The InspiredD Reminiscence App

Available on Apps4Dementia, iOS and Android. Search 'InspiredD' or scan this QR code.



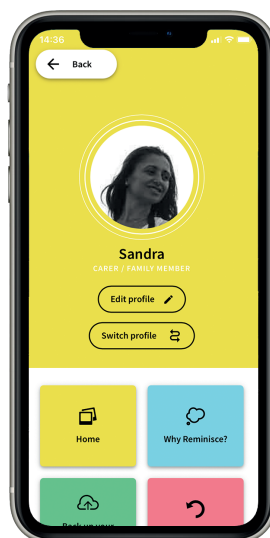
## How the App works

The Inspired App has been designed to support reminiscence. The app can store photographs, music and film clips which you can use to share memories about important events in your life, the people close to you and the moments that matter.

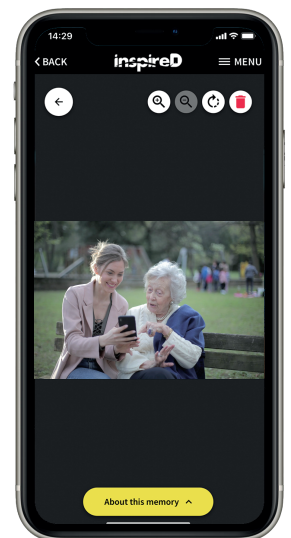
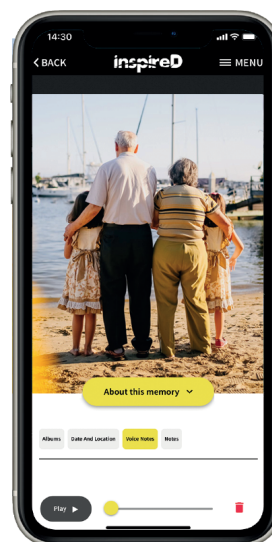
All of this can help trigger conversations by telling stories that you may have never told before or hearing stories that you may never have heard before. This is your life, your story, your app.

For more information visit:  
[www.theinspiredapp.com](http://www.theinspiredapp.com)

### User Profiles



### View images and video



Record audio 'voice notes' to tell your stories and reflections